

**2001 California Children's Healthy Eating and Exercise Practices Survey**

**Table 2: Total Servings of Fruits and Vegetables Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)**

How many servings of each (fruits, vegetables, 100% juices (vegetable or fruit), salads) did your child eat/drink in this category?

	Reported Mean Servings		
	Fruits, Juices, Vegetables and Salads	Fruits and Juices	Vegetables and Salads
<b>Total</b>	<b>2.9</b>	<b>1.6</b>	<b>1.3</b>
<b>Gender</b>			
Males	2.9	1.6	1.3
Females	2.9	1.7	1.2
<b>Ethnicity</b>			
White	2.8	1.5 <sup>ab</sup> *	1.2
African American	2.5	1.2 <sup>a</sup>	1.3
Latino	3.1	1.8 <sup>b</sup>	1.3
Asian/Other	2.9	1.7 <sup>ab</sup>	1.3
<b>Income</b>			
≤\$19,999	3.6 <sup>a</sup> ***	1.9 <sup>b</sup> **	1.7 <sup>b</sup> ***
\$20,000 - \$49,999	3.0 <sup>b</sup>	1.8 <sup>ab</sup>	1.2 <sup>a</sup>
≥\$50,000	2.6 <sup>c</sup>	1.5 <sup>a</sup>	1.1 <sup>a</sup>
<b>Federal Poverty Level</b>			
≤ 185%	3.2 ***	1.8 **	1.4 **
> 185%	2.7	1.5	1.2
<b>Food Stamps</b>			
Yes	3.5 **	1.8	1.7 ***
No	2.8	1.6	1.2
<b>Overweight Status</b>			
Not at Risk	3.0	1.8 *	1.3
At Risk/Overweight	2.8	1.5	1.2
<b>Physical Activity</b>			
≥60 minutes	2.9	1.6	1.3
<60 minutes	2.9	1.6	1.2
<b>School Breakfast</b>			
Yes	3.6 ***	2.0 ***	1.6 ***
No	2.7	1.6	1.2
<b>School Lunch</b>			
Yes	3.0 *	1.7	1.4 **
No	2.7	1.6	1.1
<b>Nutrition Lesson</b>			
Yes	3.1 **	1.7 *	1.4 **
No	2.7	1.5	1.1
<b>Exercise Lesson</b>			
Yes	3.0 **	1.7	1.3 *
No	2.7	1.5	1.1

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

\* p<.05

\*\* p<.01

\*\*\* p<.001